



DRIFTWORDS

THE NEWSLETTER OF THE BIG RIDEAU LAKE ASSOCIATION (BRLA)
SERVING THE RIDEAU SINCE 1911 • POONAMALIE TO NARROWS LOCK
– SPRING 2009 –

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Secretary: secretary@brla.on.ca
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Peter Copestake
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Heather Heins
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Recreation: recreation@brla.on.ca
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Doug Arrand
Marine Safety: lakesafety@brla.on.ca
Toby Spry
Representing Adam Lake
adamlake@brla.on.ca
Volunteer Needed!

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Doug Good
Peter Merkley
Carol Harris

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Fireworks: fireworks@brla.on.ca
Mike Fraser
Regatta: regatta@brla.on.ca
Evans and Dunlop Families

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FROM THE EDITOR - J. TRANT
DRIFTWORDS@BRLA.ON.CA

THE BRLA NEEDS YOUR HELP!

For the past six years – three terms on the BRLA Board – I have produced DriftWords, compiling copy, editing it, and laying it out for production and updated the BRLA Web site. It's been interesting and enjoyable and I've learned a lot. I've enjoyed working with some very dedicated people.

But I am leaving the BRLA Board as of July 4, 2009. Constitutionally, a BRLA Director can only serve three consecutive terms. My time has run out!

BRLA needs someone who can join the Board and take the lead on Communications. Contact: driftwords@brla.on.ca

BRLA also needs volunteers in other areas:

- ☛ If you are interested in the Environment want to help out with the model projects on Cow Island, or are interested in the health of fishing on the lake, join the environment committee. Contact Peter Copestake: environment@brla.on.ca
- ☛ If you thank the heavens – and not the BRLA – for the shoal markers when you just miss a partially submerged obstacle consider helping out with Marine safety. Contact Toby Spry: lakesafety@brla.on.ca
- ☛ If you take advantage of Day Camp or Sailing Lessons, or enjoy the Fireworks, Summer Sounds Social or the Regatta, join the Recreation Committee. Contact Doug Arrand: recreation@brla.on.ca
- ☛ If you rely on the BRLA for news about township activities and new development on the lake, consider giving some of your time to assist with Government Affairs. Contact: president@brla.on.ca
- ☛ If you are interested in the history of the Association, volunteer to help out with the 100th anniversary celebrations. Contact: president@brla.on.ca

Our success depends on you. Help out with the activities of your lake association!

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NOTICE BIG RIDEAU LAKE ASSOCIATION (BRLA) ANNUAL GENERAL MEETING

**JULY 4, 2009, 10:00 AM – 12:00 PM
PORTLAND TOWN HALL**

AGENDA

1. Call To Order
2. Welcome & Introduction Of Guests
3. Minutes of AGM Held July 2008
4. President's Report
5. Treasurer's Report
 - A. Auditor's Report for year ended December 31, 2008
 - B. Motion to appoint auditor for year ending December 31, 2009
6. Membership Report
7. Rideau Lakes Environmental Foundation (RLEF) Report
 - A. President's comments
 - B. Treasurer's Report
8. Committee Reports
 - A. Communications: Website & DriftWords
 - B. Environment
 - C. Government Affairs
 - D. Marine Safety
 - E. Recreation/Cow Island
9. Elections
 - A. President for 2009/10
 - B. Directors for 2009/10
10. Presentations from Guests
11. Adjournment

**MARINE SAFETY - TOBY SPRY
LAKESAFETY@BRLA.ON.CA**

We repaired and replaced a number of the markers that have aged and/or have been damaged over the past few years. New shoal buoys were made by Lamont Brown and his boys during the late winter and were deployed in the Lower Rideau area. There were a number of buoys that required new chain and anchors, as well new markings and reflective tape was required on most. All these maintenance the cost were necessary for our continued desire and mandate to help increase boating safety on the lakes. Because of these repairs and the deployment has increased the expenditures of the Marine Safety Committee for the 2008 – 2009 seasons.

I will be going around the lake again in next month to double check the buoys and replace some more of the decals. Please do not be alarmed if you see "**Chester**" out playing with the buoys. If you have any concerns about the buoys or see anyone unauthorized causing damage or misusing the buoys please contact me through the BRLA office.

The cost of maintaining the markers is born by the BRLA member's through their membership fees, donations and a grant from the Rideau Lakes Environmental Foundation.

Boaters and cottagers alike benefit from the Shoal Buoys. Without them on the lake I am positive that there would be far more business for the marinas to repair bent props or damaged hulls.

A reminder to all boat users – September 15th, 2009 is the date set by the Federal Government Department of Transportation, Office of Boating Safety for all boat users to have their **Pleasure Craft Operators Permit**. Other changes include age limits for boaters using boats with motors of various horse powers. For full details obtain a copy of the Safe Boating Guide, available at most marinas and boat dealers or check out www.boatingsafety.gc.ca.

Fair winds and safe boating.

*Daniel (Toby) Spry
Director of Marine Safety
Big Rideau Lakes Association*

CCGA 3880

TREASURER'S REPORT - BARBARA KEAYS TREASURER@BRLA.ON.CA

The BRLA Budget for 2009, and income and expenses for the four months of 2009 (January - April) appear here.

Full financial statements for the 2008 year (January - December) will be available at the BRLA Annual General Meeting.



One of BRLA's many Hazard Buoys.
Photo: J. Trant

	Jan - Apr 09	Budget	\$ Over Budget	% of Budget
Income				
Donations				
Environmental	0.00	2,000.00	-2,000.00	0.0%
Fireworks	0.00	2,500.00	-2,500.00	0.0%
Other donations	0.00	600.00	-600.00	0.0%
Recreation	0.00	500.00	-500.00	0.0%
Summersounds	0.00	1,200.00	-1,200.00	0.0%
Total Donations	0.00	6,800.00	-6,800.00	0.0%
Government grants				
Fireworks grants	0.00	500.00	-500.00	0.0%
Total Government grants	0.00	500.00	-500.00	0.0%
Investment				
Interest	0.00	1,000.00	-1,000.00	0.0%
Total Investment	0.00	1,000.00	-1,000.00	0.0%
Membership				
Corporate	610.00	2,000.00	-1,390.00	30.5%
Dues	300.00	16,000.00	-15,700.00	1.88%
Total Membership	910.00	18,000.00	-17,090.00	5.06%
Revenue				
Day camp	0.00	1,200.00	-1,200.00	0.0%
Sailing program	2,200.00	4,300.00	-2,100.00	51.16%
Total Revenue	2,200.00	5,500.00	-3,300.00	40.0%
RLEF				
Environmental subsidy	0.00	7,500.00	-7,500.00	0.0%
Total RLEF	0.00	7,500.00	-7,500.00	0.0%
Total Income	3,110.00	39,300.00	-36,190.00	7.91%
Expense				
Administration				
Advertising	240.00	0.00	240.00	100.0%
AGM	0.00	200.00	-200.00	0.0%
Audit	0.00	1,400.00	-1,400.00	0.0%
Bank charges	93.50	600.00	-506.50	15.58%
Board expenses	100.63	500.00	-399.37	20.13%
Insurance	0.00	5,800.00	-5,800.00	0.0%
Office supplies	77.86	1,000.00	-922.14	7.79%
Telephone	412.58	1,300.00	-887.42	31.74%
Total Administration	924.57	10,800.00	-9,875.43	8.56%
Communications				
Driftwoods	0.00	800.00	-800.00	0.0%
Internet & website	0.00	500.00	-500.00	0.0%
Total Communications	0.00	1,300.00	-1,300.00	0.0%
Corporate office				
Rent	2,100.00	4,500.00	-2,400.00	46.67%
Total Corporate office	2,100.00	4,500.00	-2,400.00	46.67%
Environmental				
Programs	0.00	3,000.00	-3,000.00	0.0%
Total Environmental	0.00	3,000.00	-3,000.00	0.0%
Fireworks	0.00	4,000.00	-4,000.00	0.0%
Government Affairs				
Govt. affairs	0.00	100.00	-100.00	0.0%
Shoal markers	167.24	4,500.00	-4,332.76	3.72%
Total Government Affairs	167.24	4,600.00	-4,432.76	3.64%
Memberships				
Brochures	0.00	500.00	-500.00	0.0%
Renewals	0.00	500.00	-500.00	0.0%
Total Memberships	0.00	1,000.00	-1,000.00	0.0%
Property				
Cow Island				
Maintenance	6.74	1,000.00	-993.26	0.67%
Realty taxes	1,258.71	2,800.00	-1,541.29	44.95%
Total Cow Island	1,265.45	3,800.00	-2,534.55	33.3%
Total Property	1,265.45	3,800.00	-2,534.55	33.3%
Recreation				
Administration salaries	0.00	1,800.00	-1,800.00	0.0%
Day Camp Expenses	16.95	500.00	-483.05	3.39%
Program supplies	0.00	500.00	-500.00	0.0%
Regatta	0.00	300.00	-300.00	0.0%
Sailing prog	400.00	4,300.00	-3,900.00	9.3%
Summer Sounds	0.00	300.00	-300.00	0.0%
Total Recreation	416.95	7,700.00	-7,283.05	5.42%
Total Expense	4,874.21	40,700.00	-35,825.79	11.98%

ENVIRONMENT COMMITTEE REPORT PETER COPESTAKE, ENVIRONMENT@BRLA.ON.CA

This summer the BRLA has again entered into an arrangement with the Rideau Valley Conservation Authority (“RVCA”) to test water samples at 12 specific sites around Big Rideau Lake. We expect that some of the test results will be published on a public data base put together by the Lake Partners Program, a province-wide initiative which is operated under the purview of Ontario’s Ministry of Natural Resources. The RVCA testing will measure water clarity, dissolved oxygen at metered depth intervals, water temperature, and nutrient levels such as phosphorus and nitrogen. In addition, we will attempt to identify and measure zooplankton and phytoplankton species and concentrations in the water column at each test date and evidence of bacterial levels such as ecoli at near shore testing sites. The RVCA will do monthly testing at each of the selected test sites from May until October.

Individuals can also become directly involved with the Lake Partners Program by going to their web-site. If accepted into the Program, individuals are sent training information and a supply of testing materials and

a specifically designated Lat/Long testing site on their own lake. Once the samples are submitted, the results are then received and analysed by the Provincial Limnologists at the Lake Partners Program and included in public databases for long term trend analysis .

The Environment Committee has invited Anna DeSellas, director of the Lake Partners Program to make a public presentation to the BRLA membership at Cow Island on July 25, the Saturday at the end of the BRLA sponsored Environment Camp on Cow island. Mark this event into your calendar and be sure to attend what I’m sure will be a most informative and educational session on Cow Island.

On another front, Doug Arrand and I had a mid-winter chat about the BRLA budget and potential projects. Both of us agree that Environment Committee could offer a lot in helping provide a plan and vision for how the BRLA can improve and promote Cow Island as an environmentally friendly facility that our members can use and enjoy, while providing programmes and education and on-site demonstra-

tions of best in class environmental technologies, practices and behaviours that could be emulated and adopted by our membership on their own properties around the lake.

Shoreline planting and management is one area we have already made some progress on. Another obvious area for potential activity consistent with a vision a more user/member friendly and environmentally sensitive Cow Island might be a plan to renovate and improve our plant and equipment on the Island including:

- maintenance and renovation of the Cow Island Building, using cost effective (hopefully vendor donated) technologies, materials and practices consistent with best practice, environmentally



*Natural Shoreline along Big Rideau Lake
Photo: J. Trant*

friendly means, and which improves the value and safe, sustainable usage potential of the building (for social, educational, promotional and business activities of the BRLA and its membership.

➤ further “naturalization” of designated parts of the Island, including plantings of native species to encourage sustainable ecosystems and habitats for native flora and fauna, and to serve as an educational areas for members and visitors to learn to identify and appreciate native species and encourage them to allow for the natural propagation of such species on their own properties around the lake.

➤ development and environmentally sensitive maintenance of clear recreational areas of the Island (both inland and waterfront) to set out best practice land and shoreline management behaviours which also allow members and visitors to engage in and enjoy “human” summertime pleasures and pastimes on the Island including swimming, games, docking/moorage (possibly offshore mooring buoys) all conducted in the optimally environmentally sensitive manner.

➤ development of plans and policies for cost effective, but best in class management and maintenance of garbage, sewage and grey waste on the island.

At one time Cow Island had a summer manager (usually a teacher on summer break) who was resident on the island and managed programs, events and maintenance of facilities. Provided the plans for the Cow Island club house could accommodate a small residence for such a manager, this is a potentially cost effective and sustainable alternative to ensure that Cow Island facilities can be managed and maintained and secured for the maximum benefit of member usage and asset value maintenance.

These are some preliminary ideas we have discussed. Most would involve some measure of member supported time, labour and financial investment. The Environment Committee and BRLA Board would certainly welcome comments and suggestions from the BRLA membership on these and other similar ideas.

Looking forward to seeing many of you out and about over the summer enjoying our beautiful Lake.

*Peter Copestake
Chair, Environment Committee*

SHORELINE EROSION PROTECTION BILL HASELDINE

Recently Parks Canada together with several Municipalities, Townships and others have commenced the **Rideau Corridor Landscape Strategy**, a project to define and protect the “natural visual values” of the Rideau (in short waterfront plants, bushes and trees, rather than man made structures).

As you will know we at BRLA have already commenced a program of erosion abatement and shoreline protection at Cow Island with a study and the subsequent planting of some one hundred and fifty trees and bushes, with more to be planted in the near future.

Once established the plantings will provide the needed shoreline erosion protection and will enhance the natural visual appearance using local indigenous plants.

For BRLA Members wishing to restore or enhance the natural setting of their own property’s waterfront, the plants that are available and most suited for waterfront protection in our area include:

AT THE WATER’S EDGE

Sweet Gail: This is a beautiful, fast growing, perfumed bush that thrives at the water’s edge, can survive flooding for several weeks, and you can make a delicate herbal tea with the young leaves.

Red Osier Dogwood: This very adaptable Shrub will grow in any soil, will withstand flooding for several weeks, and displays bright red branches in winter.

Shrubby Willow: A very useful shrub for stabilizing banks at the water’s edge and survives well the stress of moving ice. It has grey-green foliage in summer and bright bark in winter and spring.

Meadowsweet: A useful robust shrub for the banks of the waterfront, however it needs sunlight and will not survive well in the undergrowth.

Virginia Creeper: This climbing plant is used as an excellent ground cover for slopes, over boulders and rip-rap at the waters edge; it will survive in shade and will send down more roots wherever a rock is placed with a little soil, over the trailing shoots.



FACT SHEET

Ministry of Natural Resources

May 28, 2009

Broad-Scale Monitoring

Ecological Framework for Fisheries Management

The Ministry of Natural Resources (MNR) is implementing a broad-scale fisheries program across Ontario between June – September 2009. Teams of biologists and technicians from Science and Information Branch and district offices in northwest, northeast, and southern Ontario will take part in these lake surveys.

In fisheries management zone 18, MNR will survey eight lakes beginning mid June. The lakes to be surveyed this year include: Big Rideau Lake, Dalhousie Lake, Mississippi Lake, Govan Lake, Black Donald Lake, Golden Lake, Kelly Lake, Muskrat (Cobden) Lake. Also in fisheries management zone 12 (Ottawa River), MNR will survey the entire Ottawa River this year.

These surveys are intended to verify the abundance and health of sport fish in lakes larger than 20 hectares across a fisheries management zone. Gill nets will be set overnight, lifted in the morning then moved to a new location. A variety of information will be recorded from the fish caught: sex, maturity, number of eggs, age, length, weight, and general health. Also, contaminant samples of the flesh will be sent to Ontario Ministry of the Environment to be analyzed for a variety of toxins.

Technicians will take samples of the water, lake temperatures, and check for invasive species. In addition, there will be aerial surveys throughout the summer and into the winter to estimate the number of anglers using these lakes.

The broad-scale monitoring program is necessary to guide fisheries management in the future. It will provide MNR biologists with better information on a larger scale than has been used in the past. Regular reports will be available to the public on the status of the fisheries once the data has been analysed.

The plan is to survey all of Ontario in five years. This is the second year of a five-year cycle to collect information under this program. Surveyed lakes will be randomly chosen. Half the lakes selected will be monitored once every five years (referred to as fixed sites) and the rest will be reselected every monitoring cycle (variable sites).

Broad-scale monitoring is a key component of the Ecological Framework for Fisheries Management in Ontario. The framework was implemented by MNR in 2005.

For more information, please contact: Anne Bendig, Biologist, Kemptville, 613-258-8303.

NOTICE

Between August and September, Ministry of Natural Resources (MNR) crews will be conducting netting operations on Big Rideau *Lake*.



The net sets will be clearly marked with MNR buoys, and lake users are asked to avoid recreational activities in these areas.



This operation is part of the Broad-Scale Fisheries Monitoring program MNR began implementing across Ontario last year. The information collected will help MNR manage our fish populations effectively, and monitor the health of our lakes.

For more information, contact Anne Bendig, *MNR Kemptville District* (613-258-8303) or visit www.ontario.ca/mnr

MID-YEAR RESOLUTION

Now here's a mid year resolution to consider: spend more time in the hammock this summer. Read more. Sleep more. Leave the lawnmower and chainsaw in the shed. Remove less vegetation. In fact, let your shoreline re-vegetate itself. Let nature take its course. Relax. Both you and your lake will be healthier for it.

After all, Mother Nature knows what she is doing. Those soggy shorelines you see along the creeks, streams and lakes of the Mississippi and Rideau valleys are mixtures of alder, bulrush, sedge, cattail, pickerel weed, Virginia creeper and mud sometimes called "wet scrub". These waterfront areas are also known as the "Ribbon of Life" because about 90% of the plants and animals living in the water need these scruffy-looking areas at one time or another in their life cycle. And they are as essential to the health of the river as your kidneys are to you.

Plants are right at home here. Insects, fish, birds and mammals move in where the plants are. These rich areas are nurseries, food cupboards, hiding places and hunting grounds. They are a buffer against floods, wind and erosion. They filter out large quantities of nutrients washing in off the land. Vegetated shorelines are small pieces of ecological heaven with the best of all worlds: heat, light, water, land and food.

These fragile areas are under siege in the urban and rural parts of our local watersheds. People cut and fill in and "clean up" and "harden" the shorelines with little thought for the health of the stream or lake. Those types of old-fashioned practices have let us down badly. Clean water, lots of wildlife and stable shorelines are at risk in many parts of the Mississippi and Rideau valleys.

That's not to say that we can't use and enjoy our rivers, lakes and streams. We can but it does take a little shift in attitude towards the unique and fragile Ribbon of Life. It costs nothing and it pays huge dividends in terms of a healthy river system for future generations.

It is time to start respecting our alders. Leave the natural vegetation along the shore alone. It has been there through thick and thin for the past 10,000 years and is in perfect harmony with the river environment. If it's already gone or substantially changed, let it grow back by not mowing within five metres of the shoreline (ten metres is even better). Mother Nature will do the rest.

Avoid using fertilizers and other chemicals on your property. Common sense tells us that liquids do find their way into either the groundwater (which we drink) or lakes and rivers (which age faster with chemical boosts). Check that your septic system is up to scratch. Check with your municipality, Conservation Authority or Parks Canada about permits needed for any shoreline projects such as docks. A good first step is always the helpful folks at the LandOwner Resource Centre at 613-692-3471 or 1-800-267-3504 ext 28 or ext 32 (or info@lrconline.com).

The battle for healthier waterways will be won by thousands of people staying in their hammocks longer on the shorelines of every lake, river and creek in Eastern Ontario. Power to the people indeed!

*Charles Billington
Director, Community Relations
Rideau Valley Conservation Authority
(613) 692-3571 ext 1116
267-3504 ext 1116
charles.billington@rvca.ca*

COW ISLAND DAY CAMP

AN EMAIL TO THE BRLA PRESIDENT, DOUG ARRAND

Dear Doug,

In the winter DriftWords you asked members to write and tell you about their garbage collection experiences. You mentioned that some reported taking their garbage home with them, and I'd like you to know that we fall into this camp. Not that I'm complaining, mind you, as it's a choice made of convenience more than anything, so perhaps this doesn't qualify as a complaint. Chalk it up to mere information for future reference.

We use the cottage almost every weekend, and spend whatever weekday time we can there, too. Family members travel from Toronto and Montreal to be there, so hauling the weekend's garbage ten miles out of our way on the Sunday evening trek home isn't going to happen, no matter how late it stays open. We separate the recycling, typically leaving it in a pile on the porch until someone (i.e., me) graciously hauls it to the dump, and take the organics home with us. Not such an onerous task, but certain to skew the Township's statistics as you suggest.

Unless a garbage drop-off site were to magically appear (ideally situated on Big Rideau Lake Road, if anybody asks), this situation will likely continue ad infinitum. Failing that, if some enterprising person with a pickup truck and a Sunday evening to spare chose to park along the route and offered to take dropped off bags to the dump for, say, \$2 a bag, I'd seriously consider supporting such a venture. Just a thought.

-Tim Poupore

Once again BRLA will be hosting Day Camp on Cow Island. It takes place Monday - Thursday, 9:00 am -12:00 pm in July and August.

Our lifeguard and counsellor Amy is looking forward to meeting all the kids on the lake. She's got mornings of fun and games planned. There will be swimming too!

Parents, please be sure to complete a Cow Island Day Camp Registration Form - available from the BRLA Web site at <http://www.brla.on.ca>

Fees are \$12 per day for the first child. The second and any additional are \$6 per day. There is a Discounted Weekly rate of \$40 for the first child, and \$20 for the second and any additional children.

We hope to see you on Cow Island!

**SUPPORT THE
RIDEAU LAKES
ENVIRONMENTAL FOUNDATION**



Donations to the RLEF are essential to support the environmental programs of the Big Rideau Lake Association (BRLA). Lake association membership dues do not cover the full costs of our ambitious environmental activities.

Rideau Lakes Environmental Foundation Registered Charity #13978 9713 RR0001
Give on-line at www.brla.on.ca/rlef

100TH ANNIVERSARY NEWS JANE MOORE

More than twenty-five years ago – a generation ago – The Big Rideau Lake Association worked with me to produce a book about our lake’s history for the Sesquicentennial of the Canal. That book, *Rideau Passages*, produced from research done over one winter, contained pictures and stories shared by just some of our Association and Lake. Now out of print, the book was privately published, and copies were distributed to each member of the Big Rideau Lake Association.

As we approach the 100th anniversary of our Association, and regard with new eyes our place on this *World Heritage Site*, there is interest in producing a second volume of *Rideau Passages*, which would include material from the original project, along with many of the stories which were untold in that first “snapshot” of our history. We would also, of course, include new material and stories from our more recent past.

The world of record-keeping and of information sharing is certainly a different one in 2009 than it was in 1981, and yet it is interesting that the family oral history remains one of our most valued and elusive ties to the collective past.

This then is an invitation to you to participate in the new project. The details of this new endeavour are still being worked on with the Big Rideau Lake Association, but in general terms we are considering the publication of *Rideau Passages II*, and asking that you contact me to share your family and lake pictures and stories for this new chronicle of our Big Rideau Lake history.



The Rideau Queen in an historic postcard



Do you have your tickets for the BRLA Shoal Marker Raffle? Get them at the BRLA Annual General Meeting.

*Jane Moore, Box 254, Portland, ON K0G 1V0
Warwickmoore@aol.com
And when the ice is melted – 613-272-2316*

**SAVE THE DATE
BRLA ACTIVITIES THIS SUMMER**

FIREWORKS
SAT. JUNE 27 AT DUSK

SAILING CAMP
MON. JUNE 29 - FRI. JULY 3
9:00 AM-4:00 PM

COW ISLAND DAY CAMP
MONDAY - THURSDAY
DURING JULY AND AUGUST
9:00 AM - 12:00 PM

ANNUAL GENERAL MEETING
SAT. JULY 4 AT 10:00 AM

SUMMER SOUNDS
SAT. JULY 11 - 2:00 PM

ENVIRO CAMP
MON. JULY 20 - FRI. JULY 24
9:00 AM - 4:00 PM

**ANNA DESELLAS, LAKE PARTNERS PROGRAM
ENVIRONMENTAL PRESENTATION**
JULY 25 - 10:00 AM COW ISLAND

SWIM REGATTA
AUGUST 1 - 10:30 FOR 11:00 AM



Big Rideau Lake Association
in partnership with
Rideau Valley Conservation Authority









presents



ENVIRO CAMP

JULY 20 - 24, 2009
9:00 AM - 4:00 PM

-  Our camp is run in a unique natural setting on BRLA's Cow Island on Big Rideau Lake
-  Free ferry service will be provided between Portland and Cow Island
-  Program features hands-on activities related to learning about the natural environment, a variety of fun and games designed to promote awareness of the lake environment.
-  Camp programming is developed and delivered by a certified Teacher / Outdoor Educator
-  Swimming under supervision of a certified Lifeguard
-  Registration is \$175.00

To obtain a registration form or for more information,
please contact Rebecca Whitman,
Foley Mountain Conservation Area Supervisor,
at 613-273-3255 or rebecca.whitman@rvca.ca

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